

MEDITATION CLASS

SILVA Life System

INDIANAPOLIS



The Silva Meditation Class will be given in January 2012. The schedule of lectures and classes is as follows:

Monday, January 2, 2012 – 7:30 pm – 1st Hour of the Class
 - Free and open to the public
 - Hermitage House (3650 E. 46th St.)

Saturday & Sunday, January 7 & 8, 9 am – 6 pm
 - Hermitage House (3650 E. 46th St.)

Limited seating available. To register, complete the form below or call LuLu at **317-250-6888**. A \$100 deposit (non-refundable) must be received on or **before Monday, January 2, 2012** in order to qualify for the \$50 discount and to secure your seat in the class.

GRADUATES MUST REGISTER. Please bring your membership card. A graduate donation of \$30 is appreciated to help cover costs of the class.

HOTEL ACCOMMODATIONS

If you are from out of town or outlying area and would like hotel accommodations, we suggest the **Hampton Inn Indianapolis**. The actual address is **6817 East 82nd Street**, is just north of **I-465** at the northeast corner of the city off of **I-69 (Exit 1 Castleton)**. The phone numbers are: **317-576-0220** or **1-800-HAMPTON (426-7866)**. The **Hampton Inn** also offers a **10% discount** for **AARP Members, AAA Members, and Senior Citizens (age 50+)**. So when making your reservations, make sure you ask for their discount.

A Personal Note from Fr. Justin

Dear Friend:

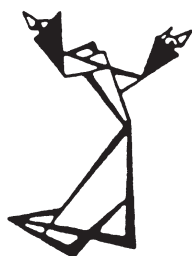
Our world is rapidly changing and so is our perception of the world. Scientists, theologians, medical professionals, educators, and even philosophers understand that our world is basically Energy. Films like *What the Bleep Do We Know* and *The Secret* demonstrate that we are Energy, immersed in Universal Energy.

The Silva Method is a meditation program designed to help any human being tap into this Unlimited Energy. It is the **premier** program of its kind! Its techniques are proven to give you specific results (and with a money-back guarantee). Do you want to tap into the Unlimited Energy within **you**? If so, here is your opportunity!!!

If you are a graduate of the Silva Method, you know how powerful this program is. Please spread the good news about this upcoming class and bring a friend or family member to the 1st hour of the class on Monday, January 2nd. The Silva Life System is one of the ways you can use your Energy to make it all happen. Be a part of this worldwide movement!

Sincerely in the love of God and St. Francis,

Fr. Justin



The Hermitage
 c/o LuLu
 3650 E. 46th Street
 Indianapolis, IN 46205
 (317) 545-0742 or (317) 250-6888
 (317) 549-2619 /fax

Name _____

Address _____

City _____ State _____ Zip _____

Phone – Day () _____ Evening () _____

Amount Enclosed \$ _____ Check # _____

MC/VISA# _____

Exp. Date _____ Silva ID Number _____

E-mail _____

***Additional family member price applies to spouse and dependent children, 18 or younger, living at the same address. This price also applies to full-time students (ID required), and senior citizens (60 and older).**

MEDITATION Class

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Class Registration

INVESTMENT

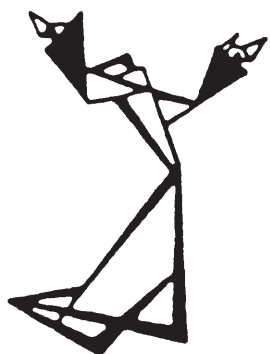
At the door **\$425**
 Additional family member(s)* \$375

Prepaid **\$375**
 Additional family member(s)* \$325

*a \$100 deposit will insure your discount and reserve your seat.

Please make checks payable to **The Hermitage** and mail to the above address. For written confirmation, include a self-addressed, stamped envelope. You can register by phone at **(317) 545-0742** or **(317) 250-6888** or by fax at **(317) 549-2619** or email **LuLugk@aol.com**.

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The Hermitage
3650 East 46th Street
Indianapolis, IN 46205
(317) 545-0742

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PAID
Indianapolis, IN
Permit No. 6957

POSTMASTER: PLEASE EXPEDITE
DATED MATERIAL

MEDITATION CLASS

SILVA Life System

*Unlock the Power of your Mind
with Justin Belitz, OFM*

Your mind is your greatest resource, and tapping into its unlimited potential can help you develop genius ability. The Silva Method of Meditation has been validated scientifically. It teaches skills of physical and mental relaxation, coupled with visualization. With these tools, you can create positive results in your life.

Award-winning Silva instructor Fr. Justin will explain how this program can help you achieve goals, no matter how difficult they may seem. In the same way that you plant seeds then wait for the flower or tree to sprout, so too you can plant ideas in your mind and, in time, they will become reality. You can take control of your life by taking control of your mind.

Silva graduates the world over have found that amazing things happen when they meditate regularly. Results common to many graduates are that they can:

- **Recognize and control stress**
- **Create and maintain a positive mental attitude**
- **Actualize potential talent**
- **Improve memory and concentration**
- **Develop creativity and intuition**

The Silva Method has helped millions of people gain greater happiness and personal peace as these comments attest:

Personal testimony of Wayne Dyer, Ph.D.:

“Jose Silva, the founder of the Silva Method, is a man I have admired for a long time. I have used the Silva Method of visualization for many years. It has helped me overcome illnesses and accidents, and avoid surgery. I urge you to attend Silva’s training sessions.”

Jack Canfield (co-author of *Chicken Soup for the Soul* and featured teacher in *The Secret*) recently stated on YouTube that *“after 39 years of experience, I see the Silva Method as one of the most profound approaches of human potential development that I have ever discovered.”*

“Our whole family has taken the course. The difference it has made in the lives of our sons is so noticeable and measurable we feel truly indebted. I’ve discovered the program at the right moment and it has really changed our lives for the better.”

“I took part one in California. Fr. Justin has made part two such a wonderful experience, a feeling which will be with me forever. I look forward to using Silva and progressing on to other stages.”

“Using the Silva Method, I have been able to lower my blood pressure without the use of any medication.”

Silva graduates are welcome to repeat the course at any time, free of charge, anywhere in the world.